



Dear Parents & Carers

This term we will be looking at the NSPCC film *Pants*, a short cartoon which you may have seen advertised on television

During discussions around the cartoon we will aim to teach pupils important safety skills without giving explicit information or telling scary stories.

We will be teaching children how to stay safe by learning the PANTS rules, developed by the NSPCC to help children to stay safe from sexual abuse.

PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words. These include:

- **good and bad touching**
- **your child's right to say no to things that make them feel upset or uncomfortable**
- **naming parts of the body**
- **who your child can turn to if they ever feel upset or worried.**

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with [child's school], more information can be found at nspcc.org.uk/pants

If you have any questions or concerns please don't hesitate to get in touch.